

Staff Guidance: Responding to Student Wellbeing Issues Relating to Drugs & Alcohol

Witnessing an Overdose

- **Immediate Action:** Call emergency services by dialling 999 immediately.
- **Provide First Aid:** If trained, administer first aid. Stay with the person and follow instructions from emergency responders.
- **Additional Resources:** Utilise [Barod's Naloxone Click & Deliver Service](#) and Live Webchat Service for further support.

Responding to a Low-Level Emergency

- **During Working Hours:** Contact Wellbeing Services or Resident Advisers (RA).
 - **Wellbeing Services:** 01970 622087 or 621761 / studentwellbeing@aber.ac.uk
 - **Resident Advisers:** 01970 622900 / accommodation@aber.ac.uk
- **Out of Hours:** Contact Campus Security.
 - **Security:** 01970 622649 / security@aber.ac.uk

Handling Risky Drug Use

- **Immediate Response:** Encourage students to stop risky behaviour. If the situation escalates, contact Campus Security or emergency services.
- **Security:** 01970 622649 / security@aber.ac.uk
- **Additional Resources:** [Barod's Naloxone Click & Deliver Service](#) and Live Webchat Service.

Recognising When Drugs and Alcohol Become Risky

- **Indicators:** Impairment, health deterioration, dangerous behaviours, or threats to others.
- **Seek Help:** Contact the Dyfed Drug and Alcohol Service ([DDAS](#)) for guidance.
 - **DDAS:** 0330 363 9997 / confidential@d-das.co.uk

Mixing Drugs Warning

- **Risks:** Unpredictable effects, overdose, impaired judgement, severe health issues.
- **Guidance:** Consult DDAS or a medical professional before combining substances.
- **DDAS:** 0330 363 9997 / confidential@d-das.co.uk

Supporting Students Who Regret Drug Use

- **Confidential Support:** Encourage students to seek help from [Wellbeing Services](#) or DDAS.
 - **Wellbeing Services:** 01970 622087 or 621761 / studentwellbeing@aber.ac.uk
 - **DDAS:** 0330 363 9997 / confidential@d-das.co.uk

Dealing with Peer Pressure

- **Supportive Contacts:** Direct students to Wellbeing Services, RAs, or DDAS to discuss pressure or concerns.
 - **Wellbeing Services:** 01970 622087 or 621761 / studentwellbeing@aber.ac.uk
 - **Resident Advisers:** 01970 622900 / accommodation@aber.ac.uk
 - **DDAS:** 0330 363 9997 / confidential@d-das.co.uk

University Guidelines

Safeguarding Students and Staff

- **University's Role:** Maintain safety by implementing policies, offering education on substance use, and providing counselling.

Handling Drugs Found on Campus

- **Action:** Contact Campus Security. Large quantities may involve the police, while small amounts may lead to a referral to DDAS for support.
- **Security:** 01970 622649 / security@aber.ac.uk
- **DDAS:** 0330 363 9997 / confidential@d-das.co.uk

Handling Alcohol on Campus

- **Guidance:** Legal alcohol consumption is permitted, but disruptive behaviour should be reported to Security for intervention.
- **Security:** 01970 622649 / security@aber.ac.uk

Drugs Found in Accommodation

- **Procedure:** Notify Accommodation or Security for appropriate action. The student may be referred to DDAS.
- **Accommodation:** 01970 622900 / accommodation@aber.ac.uk
- **Security:** 01970 622649 / security@aber.ac.uk
- **DDAS:** 0330 363 9997 / confidential@d-das.co.uk

Alcohol Found in Accommodation

- **Response:** Legal consumption is allowed but address any disruptive behaviour with support from Accommodation staff.
- **Accommodation:** 01970 622900 / accommodation@aber.ac.uk

Alcohol at University Events

- **Policy:** Adhere to campus and local laws. Ensure responsible consumption and no alcohol for underage individuals.

Abuse Policy

- **Zero Tolerance:** Report any abuse via the university's [Report and Support](#) system.

Legal Compliance

Consent and Alcohol

- **Important Note:** Consent; must be sober, clear, and voluntary. If alcohol or drugs are involved, consent is invalid.

Understanding Possession vs. Supply

- **Clarification:** Possession is for personal use, while supply involves distribution, leading to more severe consequences.

Identifying Illegal Drugs

- **Definition:** Illegal drugs include substances banned by law, such as cannabis, cocaine, and unprescribed medication.

This guidance aims to equip staff with the knowledge needed to support students effectively while maintaining a safe campus environment for both staff, students and visitors.