
Conference and Delivery Menu



Suppliers and Sustainability

We are actively working to offer more local and Welsh suppliers and actively reduce our carbon footprint. Our new menu offers more vegetarian and plant-based items than ever before.

Visit <https://www.aber.ac.uk/en/hospitality/> to see our sustainability objectives.

Our suppliers

- Tregroes Waffles are made in Mid-Wales
- Our Bara Brith and Welsh Cakes, Vegan Brownies and Cream Cakes are all from South-Wales Bakeries.
- Our tea and coffee are Welsh Brew, uniquely blended to compliment our wonderful Welsh water and 100% Rainforest Alliance Certified.
- Our Cold Fork Buffet includes Welsh meats, and our custom menus offer a wonderful opportunity to showcase meat free, plant-based and local products.



Services and Ordering

Quality Service

We pride ourselves in providing top quality food with top quality service.

Catering orders can be delivered to all Aberystwyth University campuses at no additional charge. You provide the table and we'll do everything else.

Delivered catering includes table coverings and Eco-friendly disposables. Crockery, glassware, cutlery and equipment can be supplied as appropriate for additional charges. All your items will be displayed for your required time, and cleaned up afterwards - unless entirely disposable. Catering deliveries have a minimum £250.00 charge.

Some rooms, specifically centrally timetabled teaching rooms, do not allow food or drink. There is often a nearby foyer or lounge area nearby that is suitable for catering.

For larger or more formal events, consider the Medrus Conference Centre for your venue. With extensive catering facilities on site we can cater for large bookings or complex needs with ease.

| Charges | Ex VAT |
|---|----------------|
| Crockery Charge | |
| Per person, per service | £0.75 |
| Delivery Charge | |
| Delivery off University campus | £50.00 |
| Cash Wine Charge | |
| For setting up and running cash wine and beers for a dinner | £100.00 |
| Cash Bar Charge | |
| For setting up a wine, beer and spirit bar | £150.00 |
| Linen Hire | |
| 70x144 (Banquet cloth) | £12.50 |
| 70x108 | £10.50 |
| 70x70 | £9.95 |

Dietary Requirement and Allergies

We've increased the number plant-based and gluten-free options on the standard menu. We can cater for most dietary requirements, just get in touch to discuss your needs.

With the exception of our pre-packaged items, all our menu is prepared in a shared kitchen with mixed production, therefore may contain traces of allergens that are not listed.

Our menu includes:

V = Vegetarian; no meat.

Vg = Vegan; no animal products

GF = Gluten free; no gluten containing ingredients

How to order

Our dedicated team are waiting for your call to cater your event. Contact us now on **01970 621960** or **conferences@aber.ac.uk** to place your order. With the following information.

- Menu choices
- Date and time
- Location for delivery
- Dietary requirements
- Special requests

"The delegates were stuffed, and so impressed! I heard only good things about the food... The lunches were, of course, great, and I heard particular praise for all the fresh fruit."

Kate, Vets Cymru Conference

Breakfast

| | | Ex VAT | Inc VAT |
|--|---------------|--------|---------|
| Croissant with Jam Portion Flaky Croissant with an individual Jam portion. (V) | Per item | £1.95 | £2.34 |
| Mixed Breakfast Selection Mix of pan aux raisin, Pan au chocolate and croissant. (V) | 2 Per portion | £1.65 | £1.98 |
| Pain au Chocolate Flaky Pastry with a Chocolate centre. (V) | Per item | £1.95 | £2.34 |
| Mini Danish Mix of Maple Pecan Plait, Cinammon Swirl, Raspberry Crown, Vanilla Crown and Apple Coronet. 2 pastries per serving. (V) | 2 Per portion | £1.65 | £1.98 |
| Fresh Fruit Platter Selection of fresh fruit. (Vg) | Per Platter | 13.75 | £16.50 |
| Bacon Bap. | Per item | £3.50 | £4.20 |
| Sausage Bap. | Per item | £3.25 | £3.90 |
| Vegan Sausage Bap. (Vg) | Per item | £3.50 | £4.20 |
| Egg and Hashbrown Muffin. (V) | Per item | £3.50 | £4.20 |

Please note, there is an additional 50p charge for gluten free baps





Refreshments

Everyday refreshments

| | | Ex VAT | Inc. VAT |
|---|-----------------|--------|----------|
| <p>Tea and Coffee Selection</p> <p>A selection of teas and coffees, 100% Rainforest Alliance, served with fresh oat and cows milk. (Vg.GF)</p> | Per portion | £1.85 | £2.22 |
| <p>Fruit Juice</p> <p>Choice of Orange, Cranberry or Apple. 1lt. (Vg.GF)</p> | Per litre | £4.25 | £5.10 |
| <p>Large Mineral Water</p> <p>Princess Gate spring water from the Preseli Mountains, environmentally responsible. Choice of still or sparkling in glass bottles. (Vg.GF)</p> | Per 75cl bottle | £3.50 | £4.20 |
| <p>Small Mineral Water 330ml</p> <p>Princess Gate spring water from the Preseli Mountains, environmentally responsible. Choice of still or sparkling in glass bottles. (Vg.GF)</p> | Per item | £1.75 | £2.10 |
| <p>Border Biscuits</p> <p>2 individually wrapped biscuits, a mix of 5 different varieties. (V)</p> | Per item | £0.75 | £0.90 |
| <p>Nairn's Oat and Fruit Biscuits</p> <p>2 premium biscuits, individually wrapped. Suitable for gluten-free diets. (V.GF)</p> | Per item | £0.95 | £1.14 |

Meals at The Food Hall

Visit the Food Hall for a choice of quality home made foods. Breakfast, lunch or evening meal. Tables can be reserved for up to 20. Vegan and vegetarian items as standard. All allergens and intolerances catered for. See website for opening times.

| | | Ex VAT | Inc VAT |
|---|------------|--------|---------|
| Fuel your day with our full Welsh breakfast served along with cereals, yoghurts, pastries, and toast with selection of juices and tea and coffee. | Per person | £8.35 | 10.02 |

| | | | |
|---|------------|--------|--------|
| Let your guests eat in our Food Hall where they can choose from a range of hot main courses and dessert with the choice of squash, tea or coffee. | Per person | £10.95 | £13.14 |
|---|------------|--------|--------|



Lunches and Buffets

| | Ex VAT | Inc VAT |
|--|--------|---------|
| Mezze Platter | | |
| Serves 15 people | | |
| Bowls of olives. (Vg,GF) | | |
| Hummus (Vg,GF) | | |
| Whipped Feta (V) | | |
| Assorted Crudités (Vg,GF) | | |
| Sliced Brown and White Crusty Barra Gallega (Vg) | | |
| Per platter | £79.50 | £95.40 |

Light Lunch Buffets

Choice of Buffets for a minimum of 10 people
For a more substantial lunch, we recommend
adding additional sandwich platters.

| | | |
|----------------------------------|-------|-------|
| International Buffet | | |
| Spiced Chicken Skewers (GF) | | |
| Beetroot Falafel (Vg,GF) | | |
| Onion Bhajis and Pakoras (Vg,GF) | | |
| Vegetable Samosas(Vg) | | |
| Sweet Chilli Soya Dip (Vg,GF) | | |
| Soya Mint Yoghurt Dip (Vg,GF) | | |
| Per person | £7.50 | £9.00 |

Welsh Buffet

| | | |
|---|-------|--------|
| Mini Welsh Cheddar Cheese and Leek Quiche (V) | | |
| Home Marinated Herb Chicken Skewer (GF) | | |
| Celtic Sausage Rolls | | |
| Curried Bonbons (V) | | |
| Celtic Chutney (Vg,GF) | | |
| Per person | £8.95 | £10.74 |

Vegan Buffet

| | | |
|---|-------|--------|
| Tikka Spiced Plant Based Skewer (Vg,GF) | | |
| Vegan Sausage Roll (Vg) | | |
| Spring Roll (Vg) | | |
| Pea and Mint Falafel (Vg,GF) | | |
| Pakora and Bhaji Selection (Vg,GF) | | |
| Soya Mint Yoghurt Dip (Vg,GF) | | |
| Per person | £8.95 | £10.74 |

Please note, gluten free items are segregated.

At times, we may need to substitute products, subject to availability. We will always follow the correct allergens in the substituted products.

Lunches and Buffets

| | | | |
|--|-------------|------------------|-------------------|
| Sandwich Platters (6 rounds per platter) | | Ex VAT £19.50 | Inc VAT £23.40 |
| Classic fish platter | | | |
| Classic meat platter | | | |
| Classic chicken platter | | | |
| Classic veggie platter | | | |
| Vegan platter | | | |
| Gluten Free or Vegan Sandwich (Individually boxed) | | £3.75 | £4.50 |
| Tortilla Wrap Platters (5 rounds per platter) | | £16.95 | £20.34 |
| Mixed tortilla wrap platter | | | |
| Vegetarian wrap platter | | | |
| Vegan wrap platter | | | |
| Working/Pack Lunch | | | |
| Wrapped sandwich, packet of crisps, piece of whole fruit, chocolate bar. | Per person | £6.95 | £8.34 |
| The working lunch is presented on a table. Packed lunches are individually bagged. Also available in Vegan and Gluten Free. | | | |
| Add a Bottle of Water | Per bottle | £1.00 | £1.20 |
| Fresh Fruit Platter | Platter for | £13.75 | £16.50 |
| Selection of prepared seasonal and exotic fruit. Serves 5 people (Vg, Gf) | 5 | | |
| Individual Salad Box | Per person | £6.95 | £8.34 |
| Freshly prepared homemade salads, topped with the protein of your choice. Choose from: | | | |
| Sliced grilled chicken breast salad box (Gf) | | | |
| Marinated feta salad (V, Gf) | | | |
| Smoked fish (Gf) | | | |
| Falafel (Gf) | | | |

Lunches and Buffets

| | | Ex VAT | Inc VAT |
|---|------------------|--------|---------|
| <p>Welsh Cold Folk Buffet (Medrus and Stapledon only) Minimum of 20 people. Chefs choice of 2 Welsh meats served with Welsh cheese quiche (V)</p> | Per person | £15.75 | £18.90 |
| <p>Chefs selection of green salad and 3 additional side salads Crusty Bread</p> | | | |
| <p>Hot Folk Buffet (Medrus and Stapledon only) Minimum of 20 people A choice of 1 meat and 1 vegan main course Potatoes Medley of vegetables or 3 salads Freshly cut french Bread</p> | Per person | £17.50 | £21.00 |
| <p>Add a dessert with your buffet (Medrus and Stapleton only)</p> | Per person | £5.50 | £6.60 |
| <p>Cheese Board Each board serves 15 people 3x Welsh cheese selection, with a selection of cracker biscuits and chutneys (V)</p> | Per board | £74.25 | £89.10 |
| <p>Fresh Fruit Platter Selection of prepared seasonal fruit. Serves 5 people (Vg, Gf)</p> | Platter for 5 | £13.75 | £16.50 |

Sweet Treats

| | | Ex VAT | Inc VAT |
|--|---------------|--------|---------|
| Selection of Muffins Double chocolate, mixed berry and lemon and poppy seed. (Vg) | Per Item | £1.30 | £1.56 |
| Mini Danish Pastry Selection Mix of Maple Pecan Plait, Cinammon Swirl, Raspberry Crown, Vanilla Crown and Apple Coronet. Recommend 2 per serving. (V). | 2 Per portion | £1.65 | £1.98 |
| Fresh Fruit Platter Selection of prepared seasonal and exotic fruit. Serves 5 people. (Vg. GF) | Per Platter | £13.75 | £16.50 |
| Jam Doughnut Rich doughnut filled with fruit jam. (Vg) | Per Item | £1.50 | £1.80 |
| Sidoli Welsh Carrot Cake Individual slices of Carrot Cake filled and topped with sweet frosting. (Vg) | Per Item | £2.75 | £3.30 |
| Peck and Strong Chocolate Brownie Individual slices of Chocolate and Walnut Brownie. (V) | Per Item | £2.75 | £3.30 |
| Tray Baker's Raspberry Brownie Individual slices of Chocolate and Raspberry Brownie, suitable for Gluten Free and Vegan diets. (Vg. GF) | Per Item | £2.75 | £3.30 |
| Bara Brith (V) | Per Portion | £1.50 | £1.80 |
| Welsh Cakes (V) | 2 per portion | £1.50 | £1.80 |
| Wrapped Cake Selection | | | |
| Tregroes Toffee Waffles Individually wrapped Toffee Waffle (2 per pack) (V) | Per Item | £1.50 | £1.80 |
| Gluten Free Lemon Filled Muffin. (V,Gf) | Per Item | £2.65 | £3.18 |

Afternoon Tea

| | Ex VAT | Inc VAT |
|------------|--------|---------|
| Per person | £3.00 | £3.60 |

Classic Afternoon Tea Mini Cake Selection

Two cakes per portion. Minimum 10 portions

- Chocolate eclairs (V)
- Finger doughnut (V)
- Fruit scones (V)
- Black forest muffins (V)
- Carrot cake (V)
- Chocolate brownie (V)
- Custard slice cube (V)
- Cheesecake cube (V)



| | | |
|------------|-------|-------|
| Per person | £3.00 | £3.60 |
|------------|-------|-------|

Vegan Patisserie Cake Selection

One cake per portion. Minimum 10 portions

- Chocolate & orange torte (Vg, GF)
- Golden apple crumbles (Vg, GF)
- Wild berry slice (Vg, GF)
- Spiced mandarin dome (Vg, GF)



Scone with bowls of jam and whipped cream (V)

| | | |
|------------|-------|-------|
| Per person | £3.50 | £4.20 |
|------------|-------|-------|

Mini Crodots Assortment (V)

| | | |
|------------|-------|-------|
| Per person | £2.95 | £3.54 |
|------------|-------|-------|

The hybrid of croissant dough in a doughnut, selection of sugared, white chocolate, dark chocolate with nibbed hazelnuts. 2 per portion.



Vegan chocolate caramel crispy slice (Vg, GF)

| | | |
|------------|-------|-------|
| Per person | £2.95 | £3.54 |
|------------|-------|-------|

Pizza Party

Freshly made pizzas

| | | Ex VAT | Inc. VAT |
|---|-----------|--------|----------|
| 12" Pizza | | | |
| Feeds two hungry people or four not-so hungry people. | | | |
| Choose from: | Per pizza | £9.50 | £11.40 |
| Margherita (V) | | | |
| Chicken and Sweetcorn | | | |
| All Veggie (V) | | | |
| Pepperoni | | | |
| Vegan cheese available for an extra £1.50. | | | |
| 11" Gluten-free | | £9.50 | £11.40 |



Medrus Conference Centre

Located in the Penbryn Building, Penglais Campus, Medrus is ideal for any large events, catered conferences and formal meetings.

Medrus offers large flexible conference spaces with catering and supporting facilities all in one building.

Every room is equipped with a computer station, projector and sound system as standard. We set up the rooms for your needs and will clean up afterwards.

Event catering can be served in your event room or you can take advantage of the on-site restaurant.

Medrus Mawr

Up to 250 guests Theatre Style and ideal for large-scale formal dining or flexible events space. Interconnecting door to Medrus 1.

Medrus 1, the Wasdell Room

Up to 60 delegates Theatre Style

Medrus 2

Up to 12 delegates Boardroom Style

Medrus 3

Up to 50 delegates Theatre Style

Medrus 4

Up to 50 delegates Theatre Style



Hospitality Outlets

For your last minute visitors or daily needs, visit one of our outlets. Check our opening times online.

The Food Hall

Located in Penbryn, Penglais Campus. Filling hot meals and carvery to eat in or takeaway.

The Food Hall Coffee Shop

Located in Penbryn, Penglais Campus. Grab and go with Starbucks Coffee, sandwiches, cold drinks, cakes, jacket potatoes and panini.

CAFFIbach

Located in the Gwendoline Rees Building, Penglais Campus. Speciality hot drinks, sandwiches, panini, soup and sweet treats.

Blas Gogerddan

Located in the Stapledon Building, Gogerddan Campus. Coffee, panini light hot meals and snacks.

Siop yr Hwb

Located in Sgubor, Fferm Penglais. Starbucks coffee, grab-and-go and snacks.

Student's Union Bar

Located in the Student's Union, Penglais Campus. Starbucks Coffee and alcoholic drinks in a relaxed setting

Student's Union Shop

Located in the Student's Union, Penglais Campus. Hot and cold takeaway food, drink and snacks

Arts Centre Cafe

Located in Aberystwyth Arts Centre, Penglais Campus. Specialising in local and Welsh products, with a premium offering for lunches and evening meals.



www.aber.ac.uk/en/visitors

Conference Office
Aberystwyth University
Penglais Campus
Aberystwyth
SY23 3BY



+44 (0) 1970 62 1960



conferences@aber.ac.uk



[@aberuni](https://twitter.com/aberuni)



[/aberystwyth.university](https://www.facebook.com/aberystwyth.university)