
Conference and Delivery Menu

<https://www.aber.ac.uk/en/visitors/croeso-aber>



Suppliers and Sustainability

We are actively working to offer more local and Welsh suppliers and actively reduce our carbon footprint. Our new menu offers more vegetarian and plant-based items than ever before.

Visit <https://www.aber.ac.uk/en/hospitality/> to see or sustainability objectives.

Our suppliers

- Our Bara Brith and Welsh Cakes, Vegan Brownies and Cream Cakes are all from South-Wales Bakeries.
- Our tea and coffee are Welsh Brew, uniquely blended to compliment our wonderful Welsh water and 100% Rainforest Alliance Certified.
- Our Cold Fork Buffet includes Welsh meats, and our custom menus offer a wonderful opportunity to showcase meat free, plant-based and local products.



Services and Ordering

Quality Service

We pride ourselves in providing top quality food with top quality service.

Catering orders can be delivered to all Aberystwyth University campuses at no additional charge. You provide the table and we'll do everything else.

Delivered catering includes table coverings and Eco-friendly disposables. Crockery, glassware, cutlery and equipment can be supplied as appropriate for an additional charge. All your items will be displayed for your required time. Catering deliveries have a minimum £50.00 charge.

Some rooms, specifically centrally timetabled teaching rooms, do not allow food or drink. There is often a nearby foyer or lounge area nearby that is suitable for catering.

For larger or more formal events, consider the Medrus Conference Centre for your venue. With extensive catering facilities on site we can cater for large bookings or complex needs with ease.

Dietary Requirement and Allergies

Please be aware that traces of the 14 allergens may be present in other ingredients due to the kitchen environment

We've increased the number plant-based and gluten-free options on the standard menu. We can cater for most dietary requirements, just get in touch to discuss your needs.

With the exception of our pre-packaged items, all our menu is prepared in a shared kitchen with mixed production, therefore may contain traces of allergens that are not listed.

Our menu includes:

V = Vegetarian; no meat.

Vg = Vegan; no animal products.

GF = Gluten free; no gluten containing ingredients.

Halal available on request.

How to order

Our dedicated team are waiting for your call to cater your event. Contact us now on **01970 621960** or **conferences@aber.ac.uk** to place your order. With the following information.

- Menu choices
- Date and time
- Location for delivery
- Dietary requirements
- Special requests

Charges Ex VAT

Crockery Charge

Per person, per service **£0.75**

Bar Set up - Medrus Only

For setting up a wine, beer and spirit bar **£100.00**

Linen Hire

70x144 (Banquet cloth) **£12.50**

70x108 **£10.50**

70x70 **£9.95**

Breakfast

		Ex VAT	Inc VAT
Croissant with Jam Portion Flaky Croissant with an individual Jam portion. (V)	Per item	£1.95	£2.34
Mini Mixed Breakfast Selection Mix of Pan aux Raisin, Pan au Chocolate and Croissant. (V)	2 Per portion	£1.65	£1.98
Pain au Chocolate Flaky Pastry with a Chocolate centre. (V)	Per item	£1.95	£2.34
Mini Danish Mix of Maple Pecan Plait, Cinnamon Swirl, Raspberry Crown, Vanilla Crown and Apple Coronet. 2 pastries per serving. (V)	2 Per portion	£1.65	£1.98
Fresh Fruit Platter Serves 5 people Selection of fresh fruit. (Vg)	Per Platter	£13.75	£16.50
Bacon Bap.	Per item	£3.50	£4.20
Sausage Bap.	Per item	£3.25	£3.90
Vegan Sausage Bap. (Vg)	Per item	£3.50	£4.20
Egg and Hashbrown Muffin. (V)	Per item	£3.50	£4.20

Please note, there is an additional 50p charge for gluten free baps.





Refreshments

Everyday refreshments

		Ex VAT	Inc. VAT
Tea and Coffee Selection	Per portion	£2.25	£2.70
A selection of teas and coffees, 100% Rainforest Alliance, served with fresh oat and cows milk. (Vg.GF)			
Fruit Juice	Per litre	£4.25	£5.10
Choice of Orange, Cranberry or Apple. 1lt. (Vg.GF)			
Welsh Large Mineral Water 750ml	Per item	£3.95	£4.74
Choice of still or sparking in glass bottles. (Vg.GF)			
Welsh Small Mineral Water 330ml	Per item	£1.75	£2.10
Choice of still or sparking in glass bottles. (Vg.GF)			
Border Biscuits	Per item	£0.90	£1.08
2 individually wrapped biscuits, a mix of 5 different varieties. (V)			
Nairn's Oat and Fruit Biscuits	Per item	£0.95	£1.14
2 premium biscuits, individually wrapped. Suitable for gluten-free diets. (V.GF)			



Meals on Campus

Visit the Food Hall for a choice of quality home made foods. Breakfast, lunch or evening meal. Vegan and vegetarian items as standard. All allergens and intolerances catered for. See website for opening times.

	Ex VAT	Inc VAT
Fuel your day with our full Welsh breakfast served along with cereals, yoghurts, pastries, and toast with selection of juices and tea and coffee.	Per person £8.35	£10.02
Let your guests eat in our Food Hall where they can choose any main meal and dessert with the choice of tea and coffee	Per person £10.95	£13.14

Grab and Go Sandwich Lunch - All Outlets

The Food Hall, CAFFIbach, Students Union Shop, Blas Gogerddan, Pantycelyn and Art Centre

Select any pre packed sandwich, wrap, baguette or boxed salad, with the choice of any 330ml or 500ml drink, and choose from any bag of crisps or a piece of fruit of your choice.	Per person £6.95	£8.34
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Buffets

		Ex VAT	Inc VAT
Mezze Platter			
Serves 15 people			
Bowls of olives. (Vg,GF)			
Hummus (Vg,GF)			
Whipped Feta (V)			
Assorted Crudités (Vg,GF)			
Sliced Brown and White Crusty Barra Gallega (Vg)			
	Per platter	£79.50	£95.40

Light Lunch Buffets

Choice of Buffets for a minimum of 10 people

For a more substantial lunch, we recommend adding additional sandwich platters.

International Buffet

Spiced Chicken Skewers (GF)			
Beetroot Falafel (Vg,GF)			
Onion Bhajis and Pakoras (Vg,GF)	Per person	£7.50	£9.00
Vegetable Samosas(Vg)			
Sweet Chilli Soya Dip (Vg,GF)			
Soya Mint Yoghurt Dip (Vg,GF)			

Welsh Buffet

Mini Welsh Cheddar Cheese and Leek Quiche (V)			
Home Marinated Herb Chicken Skewer (GF)			
Celtic Sausage Rolls	Per person	£8.95	£10.74
Curried Bonbons (V)			
Celtic Chutney (Vg,GF)			

Vegan Buffet

Tikka Spiced Plant Based Skewer (Vg,GF)			
Vegan Sausage Roll (Vg)			
Spring Roll (Vg)			
Pea and Mint Falafel (Vg,GF)			
Pakora and Bhaji Selection (Vg,GF)	Per person	£8.95	£10.74
Soya Mint Yoghurt Dip (Vg,GF)			

Please note, gluten free items are segregated.

At times, we may need to substitute products, subject to availability. We will always follow the correct allergens in the substituted products.

Sandwich Platters



	Ex VAT	Inc VAT
<p>Premium Veggie Platter 5 Rounds of sandwiches (20 pieces) Ultimate Ploughmans, Double Free - Range Egg and Rocket, Coronation Chickpea</p>	£12.95	£15.54
<p>Premium Mixed Platter 4.5 Rounds of sandwiches (18 pieces) Coronation Chicken, Chicken Salad, Tuna Salad, Ultimate Ploughmans</p>	£12.95	£15.54
<p>Premium Meat Platter 4.5 Rounds of sandwiches (18 pieces) Chicken Salad, BLT, Chicken & Chorizo, Gammon Ham & Cheddar</p>	£12.95	£15.54
<p>Mixed Wrap platter (Plastic free packaging) 4 Individual wraps (16 pieces) Chicken Caesar, Duck & Hoisin, Falafel & Sweet Potato and BBQ Southern Fried Chicken</p>	£14.50	£17.40
<p>Vegan Selection Platter (Plastic free packaging) 3 Wraps (12 pieces) Falafel & Sweet Potato and Houmous, Carrots & Greens 4 Rounds of sandwiches (16 pieces) Roast Tomato & Houmous, Vegan New York Deli and Coronation Chickpea</p>	£24.95	£29.94
<p>Mixed Selection Platter (Plastic free packaging) 3 Wraps (12 pieces) Falafel & Sweet Potato, Chicken Caesar, Duck Hoisin 4 Rounds of sandwiches (16 pieces) Ploughman's , BLT, Chicken Salad, Tuna Salad</p>	£22.75	£27.30



Lunches and Buffets

		Ex VAT	Inc VAT
Working/Pack Lunch			
Wrapped sandwich, packet of crisps, piece of whole fruit, chocolate bar. The working lunch is presented on a table. Packed lunches are individually bagged. Also available in Vegan and Gluten Free.	Per person	£6.95	£8.34
500ml Plastic Bottle of Water			
	Per bottle	£1.00	£1.20
330ml Can			
Mix of: Coca -Cola, Diet Coke, Orange Fanta or Sprite	Per can	£1.10	£1.32
Fairfields Farm Crisps (Vg, Gf)			
Choose from: Lightly sea salted, Seasalt & aspartic acid vinegar, cheese and onion, prawn cocktail	Per Bag	£0.86	£1.03
Fresh Fruit Platter			
Selection of prepared seasonal and exotic fruit. Serves 5 people (Vg, Gf)	Platter for 5	£13.75	£16.50
Individual Salad Box			
Freshly prepared homemade salads, topped with the protein of your choice. Choose from: Sliced grilled chicken breast salad box (Gf) Marinated feta salad (V, Gf) Smoked fish (Gf) Falafel (Vg, Gf)	Per person	£6.95	£8.34

Medrus Suite

Lunches and Buffets

		Ex VAT	Inc VAT
<p>Welsh Cold Fork Buffet</p> <p>Minimum of 20 people.</p> <p>Chefs choice of 2 Welsh meats served with Welsh cheese quiche (V)</p> <p>Chefs selection of green salad 3 additional side salads Bread roll</p>			
	Per person	£15.75	£18.90

<p>Hot Fork Buffet</p> <p>Minimum of 20 people (Monday to Friday) Minimum of 50 people (Saturday and Sunday)</p> <p>A choice of 1 meat and 1 vegan main course Potatoes Medley of vegetables or 3 Salads Bread roll</p>			
	Per person	£17.50	£21.00

For example dishes, please visit: <https://www.aber.ac.uk/en/hospitality/thefoodhallmenupage>

Add a dessert with your buffet	Per person	£5.50	£6.60
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<p>Cheese Board</p> <p>Each board serves 15 people</p> <p>3x Welsh cheese selection, with a selection of cracker biscuits and chutneys (V)</p>			
	Per board	£74.25	£89.10

<p>Fresh Fruit Platter</p> <p>Serves 5 people</p> <p>Selection of prepared seasonal fruit. (Vg, Gf)</p>			
	Per platter	£13.75	£16.50

Sweet Treats

		Ex VAT	Inc VAT
Individually Wrapped Cake Selection			
Welsh Cakes Individually wrapped Welsh cakes (2 per pack) (V)	Per Item	£1.75	£2.10
Gluten Free Lemon Filled Muffin (V,Gf)	Per Item	£2.65	£3.18
Selection of Muffins Double chocolate, mixed berry and lemon and poppy seed. (Vg)	Per Item	£1.30	£1.56
Plattered Cake Selection			
Mini Crodotes The hybrid of croissant dough in a doughnut, selection of sugared, white chocolate, dark chocolate with nibbed hazelnuts. (V)	1 per portion	£1.50	£1.80
Mini Danish Pastry Selection Mix of Maple Pecan Plait, Cinammon Swirl, Raspberry Crown, Vanilla Crown and Apple Coronet. Recommend 2 per serving. (V).	2 Per portion	£1.65	£1.98
Jam Doughnut Rich doughnut filled with fruit jam. (Vg)	Per Item	£1.50	£1.80
Sidoli Welsh Carrot Cake Individual slices of Carrot Cake filled and topped with sweet frosting. (Vg)	Per Item	£2.75	£3.30
Peck and Strong Chocolate Brownie Individual slices of Chocolate and Walnut Brownie. (V)	Per Item	£2.75	£3.30
Killer Vegan Brownie Individual slices of Chocolate Brownie, suitable for Gluten Free and Vegan diets. Contains Nuts (Vg. GF)	Per Item	£2.75	£3.30
Bara Brith (V)	Per Portion	£1.50	£1.80
Welsh Cakes (V)	2 per portion	£1.50	£1.80
Fresh Fruit Platter Selection of prepared seasonal and exotic fruit. Serves 5 people. (Vg. GF)	Per Platter	£13.75	£16.50
Whole Cake Selection			
Each cake serves 14 portions			
Victoria Sponge or Chocolate Cake	Per Cake	£34.75	£41.70
Vegan Jaffa Cake	Per Cake	£49.50	£59.40

Afternoon Cakes

	Ex VAT	Inc VAT
Per person	£3.00	£3.60

Classic Mini Cake Selection

Two cakes per portion. Minimum 10 portions

- Chocolate eclairs (V)
- Finger doughnut (V)
- Fruit scones (V)
- Black forest muffins (V)
- Carrot cake (V)
- Chocolate brownie (V)
- Custard slice cube (V)
- Cheesecake cube (V)



Per person	£3.00	£3.60
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Vegan Patisserie Cake Selection

One cake per portion. Minimum 10 portions

- Chocolate & orange torte (Vg, GF)
- Golden apple crumbles (Vg, GF)
- Wild berry slice (Vg, GF)
- Spiced mandarin dome (Vg, GF)



Pizza Party

Freshly made pizzas

		Ex VAT	Inc. VAT
12" Pizza			
Feeds two hungry people or four not-so hungry people.			
Choose from:	Per pizza	£10.50	£12.60
Margherita (V)			
Chicken and Sweetcorn			
All Veggie (V)			
Pepperoni			
Dairy free and Vegan cheese available for an extra £1.50.			
11" Gluten-Free Pizza			
Choose from:	Per pizza	£10.50	£12.60
Margherita (V)			
Chicken and Sweetcorn			
All Veggie (V)			
Pepperoni			
Dairy free and Vegan cheese available for an extra £1.50.			
330ml Can			
Mix of:	Per can	£1.10	£1.32
Coca -Cola, Diet Coke, Orange Fanta or Sprite			
500ml Apple or Orange Juice	Per Bottle	£1.57	£1.88

Please note: All pizzas are produced in a gluten environment



Medrus Conference Centre

Located in the Penbryn Building, Penglais Campus, Medrus is ideal for any large events, catered conferences and formal meetings.

Medrus offers large flexible conference spaces with catering and supporting facilities all in one building.

Every room is equipped with a computer station, projector and sound system as standard. We set up the rooms for your needs and will clean up afterwards.

Event catering can be served in your event room or you can take advantage of the on-site restaurant.

Medrus Mawr

Up to 250 guests Theatre Style and ideal for large-scale formal dining or flexible events space. Interconnecting door to Medrus 1.

Medrus 1, the Wasdell Room

Up to 60 delegates Theatre Style

Medrus 2

Up to 12 delegates Boardroom Style

Medrus 3

Up to 50 delegates Theatre Style

Medrus 4

Up to 50 delegates Theatre Style



Hospitality Outlets

For your last minute visitors or daily needs, visit one of our outlets. Check our opening times online.

<https://www.aber.ac.uk/en/hospitality/>

The Food Hall

Located in Penbryn, Penglais Campus. Filling hot meals and carvery to eat in or takeaway.

The Food Hall Coffee Shop

Located in Penbryn, Penglais Campus. Grab and go with Starbucks Coffee, sandwiches, cold drinks, cakes, jacket potatoes and panini.

CAFFIbach

Located in the Gwendolen Rees Building, Penglais Campus. Speciality hot drinks, sandwiches, panini, soup and sweet treats.

Blas Gogerddan

Located the Stapledon Building, 2.9 miles from the main University campus, Coffee, panini light hot meals and snacks.

Student's Union Bar

Located in the Student's Union, Penglais Campus. Starbucks Coffee and alcoholic drinks in a relaxed setting.

Student's Union Shop

Located in the Student's Union, Penglais Campus. Hot and cold takeaway food, drink and snacks.

Ffreutur, Pantycelyn

Located within Pantycelyn halls of residence. Breakfast and evening meals offered Monday to Friday, with weekend café available. (Term time only)

Arts Centre Cafe

Located in Aberystwyth Arts Centre, Penglais Campus. Specialising in local and Welsh products, with a premium offering for lunches and evening meals.

