

Cylchlythyr / Newsletter Semester 3

Recycling



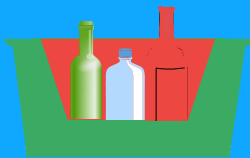
From April 2024, in line with new government legislation, the University will be adding additional recycling bins to campus.



The new Blue Bin will be for paper and cardboard. The Red Bin will be for plastic, metal and cartons. The White Bin will be for general waste.



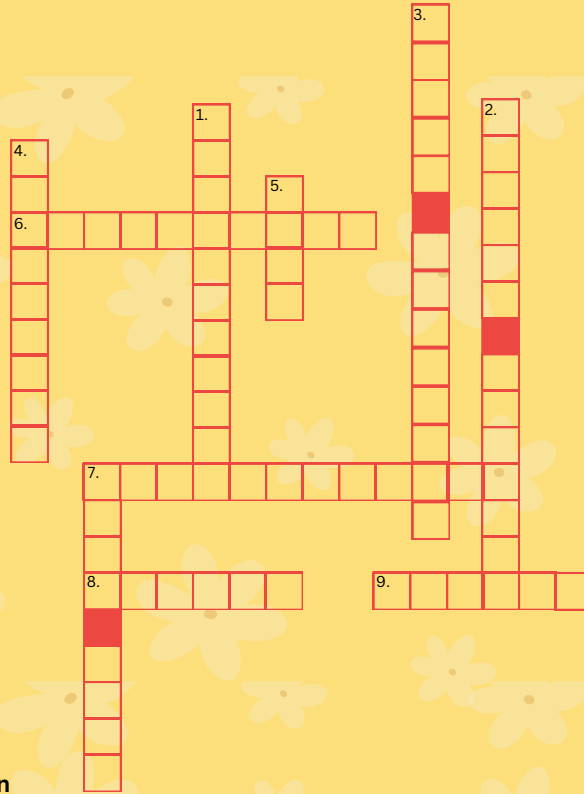
Food bins will be available in kitchenettes around campus and will stay in accommodation kitchens



Glass bins will be more readily available across campus and will stay in accommodation kitchens

Aber Crossword

Complete the crossword puzzle below!



Down

1. Service provided by the residences assistants every three weeks
2. Which RA event allows students to get a free hot drink?
3. This university accommodation has en-suite bathrooms
4. What month do students tend to move into their Aberystwyth University accommodation for term one
5. What colour bin holds paper and cardboard

Across

6. The accommodation specifically for Welsh students.
7. The famous hill that overlooks Aberystwyth and provides stunning views of the town and sea
8. How many residences assistants (RAs) are there in total?
9. Aberystwyth University's Mascot

Answers

1. Patchpounds 2. Coffee Morning 3. Fferm Penglais
4. September 5. Blue 6. Pantycelyn 7. Constitution
8. Twelve 9. Dragon

NEWSLETTER

Semester 3 and Summer

**WAYS TO
RELAX THIS
SUMMER**

**DISCOUNTS,
PRICE
COMPARISONS,
AND MORE**

**INFORMATION
ON MOVING
OUT**

**CROSSWORD
PUZZLE**



BywydAberLife

Llinell Gymorth 24/7: 01970 62 2900



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Cylchlythyr / Newsletter Semester 3

Ailgylchu



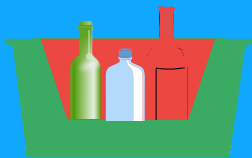
Gan ddechrau Ebrill 2024, yn unol â deddfwriaeth newydd y llywodraeth, bydd y Brifysgol yn ychwanegu biniau ailgylchu ychwanegol at y campws.



Bydd y Bin Glas newydd ar gyfer papur a chardfwrdd. Bydd y Bin Coch ar gyfer plastig, metel a charbonau. Bydd y Bin Gwyn ar gyfer gwastraff cyffredin.



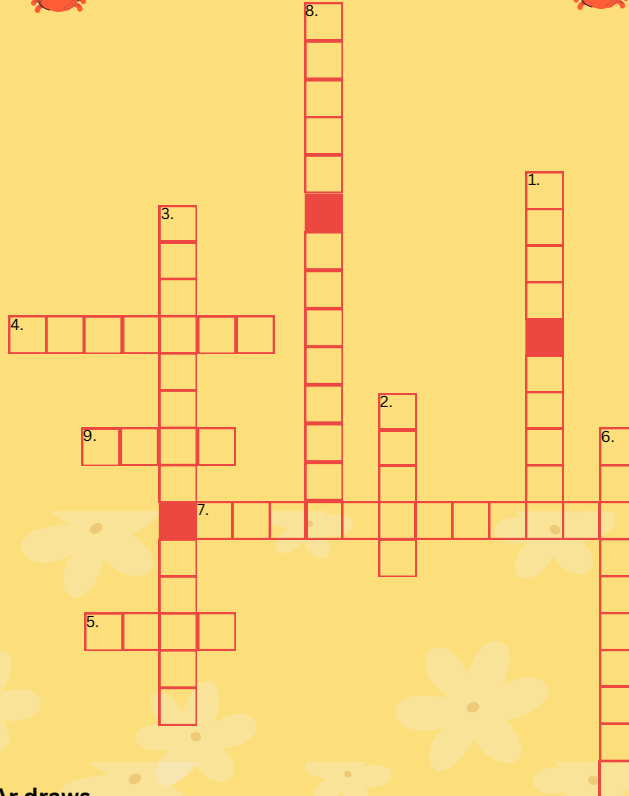
Bydd **biniau bwyd** ar gael mewn ceginau bach o amgylch y campws a byddant yn aros yng ngheginau llety



Bydd **biniau gwyrdr** ar gael yn haws ar draws y campws a byddant yn aros yng ngheginau llety

Croesair Aber

Cwblhewch y pos croesair isod!



Ar draws

- Masgot Prifysgol Aberystwyth
- Faint o gynorthwywyr preswyl (RAs) sydd yna i gyd?
- Y bryn enwog sy'n edrych dros Aberystwyth ac yn darparu golygfeydd godidog o'r dref a'r môr
- Mae gan y llety prifysgol hwn ystafelloedd ymolchi en-suite
- Pa fis y mae myfyrwyr yn tueddu i symud i'w llety ym Mhrifysgol Aberystwyth ar gyfer tymor un?

I lawr

- Pa ddigwyddiad CP sy'n caniatáu i fyfyrwyr gael diod poeth am ddim?
- Gwasanaeth a ddarperir gan y cynorthwywyr preswyl bob tair wythnos
- Pa liw bin sy'n dal papur a chardbord
- Y llety yn benodol ar gyfer myfyrwyr Cymraeg.

Atebion

9. Glas
1. Bore Coffi 2. Draig 3. Rowndiau aradal 4. Denddeg 5. Medi 6. Pantyccelyn 7. Constitution 8. Fferm Penglais

CYLCHLYTHYR

Semester 3 a Haf

FFYRDD O
YMLACIO YR
HAF HWN

GOSTYNGIADAU,
CYMARIAETHAU
PRISIAU,
A MWY

GWYBODAETH
AM SYMUD
ALLAN

POS
CROESAIR



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Cylchlythyr / Newsletter Semester 3

Symud Allan

PRYD MAE'N RHAID I MI SYMUD ALLAN?

CMRT/PJM/Pantycelyn Mehefin 21eg, 10:00yb
Fferm Penglais Mehefin 28ain 10:00yb

Ble ydych chi'n gwirio?

Dewch â'ch allwedd / ffob / allwedd blwch post i:

Yn ystod Oriau Swyddfa:

Swyddfa Llety, Y Sgubor, Fferm Penglais.

(Dydd Llun - Dydd Iau 08:30 - 17:00, Dydd Gwener - 08:30 - 16:30)

Tu allan i oriau swyddfa:

Derbynfa Campws, Campws Penglais

Eitemau diangen?

Mae manau casglu rhoddion yn y lleoliadau canlynol ar gael o 13 Mai - 30 Mehefin:

- Storfa Beic Fferm Penglais 2 (ger bloc 5) (24 awr)
- Canolfan ddysgu Rosser D (24 awr)
- Lolfa Felen PJM (24 awr)
- Pantycelyn - Ystafell Gyffredin Iau (24 awr)



Galw Heibio

Fel y mae'r enw'n ei awgrymu, dyma gyfle i chi 'alw heibio' a siarad â Chynorthwydd Preswyl rhwng eich ymweliadau rownd ardal. Gallwch ddod o hyd i'r amseroedd a'r lleoliadau ar gefn eich FMA ac ar ein gwefan.

Gwasanaeth

Ymweliad Ardal

Mae'r rhain yn ymweliadau gan eich RA ac maent yn gyfle i chi siarad ag aelod o'r fim am unrhyw bryderon y gallech fod yn eu cael wrth fyw mewn llety.

Drwy gydol Semester 3 a'r haf, byddwn yn parhau i gynnal ein digwyddiadau rhad ac am ddim i fyfyrwyr, gan gynnwys ffefrynnau fel Nosweithiau Sinema a Phartïon Pizza, ynghyd ag ychwanegiadau newydd cyffrous fel digwyddiad 'Diwrnod Star Wars'! Sicrhewch y wybodaeth ddiweddaraf am ein gwasanaethau trwy sganio'r cod QR ar gyfer ein cyfryngau cymdeithasol a'n gwefan!



Arbedion Haf

Cymhariaeth Pris

| (prisiau'n gywir wrth ysgrifennu'r amser) | Sudd Afal (1 litr) | 6 Wy | Jar o Saws Pasta | Bagiau Te (80) | Tun o Gawl Tomato |
|---|--------------------|-------|------------------|----------------|-------------------|
| Tesco | 99c | £1.30 | 47c (440g) | 89c | 67c |
| Morrisons | 85c | £1.50 | 47c (440g) | 79c | 55c |
| Lidl | 79c | £1.35 | 75c (500g) | £1.39 | 62c |
| M&S | £1.25 | £1.30 | £2 (340g) | £1.25 | 70c |
| CKs | £1.59 | £1.85 | £1.45 (500g) | £1.09 | £1 |

Gostyngiadau Defnyddiol!

- Cael 10% i ffwrdd yn 'Cafe Nero' a 'Coffee #1' trwy wirio'ch e-bost myfyriwr ar yr ap!



- Gallwch ddefnyddio'r ap 'Magic Stamp' yn unrhyw un o gaffis y brifysgol!
- Pan fyddwch chi'n prynu 9 diod poeth, rydych chi'n derbyn y 10fed un am ddim!



Apiau archfarchnad poblogaidd

- Tesco; mae cael cerdyn dwb am ddim yn rhoi mynediad i chi at lawer o gynigion a gostyngiadau!
- Lidl; Trwy lawrlwytho ap Lidl Plus, rydych chi'n derbyn cwponau a thalebau personol pan fyddwch chi'n gwario swm penodol!
- Morrisons; mae cerdyn Morrisons more yn rhoi llawer o fargeinion i chi a phan fyddwch chi'n cyrraedd 5,000 o bwytiau, fe gewch chi daleb £5!
- M&S; mae ymuno â cherdyn 'sparks' yn golygu eich bod yn derbyn cynigion wedi'u teilwra yn seiliedig ar eich gwariant, sy'n eich galluogi i arbed arian ar eich hoff eitemau!

Costau golchi dillad

Golchi - £2.50

Sych - £1.20



Cofiwch, mae gan yr app "Circuit laundry" opsiwn sgwrsio byw os ydych chi'n rhedeg i mewn i unrhyw broblemau!



YMLACIO HAF

Archwiliwch y llwybrau cerdded amrywiol yn Aberystwyth, o grwydro ar hyd traeth Bae Clarach i grwydro drwy goedwigoedd clychau'r gog i'r olygfan. Mae rhagor o lwybrau ar gael ar wefan yr Arolwg Ordnans: explorer.osmaps.com

Gyda'ch Abercard, mae eich llety'n cynnwys aelodaeth am ddim o'r gampfa, felly beth am wneud y mwyaf ohono drwy fwynhau nofio adfywiol ym mhwl y gampfa? Hefyd, gallwch hefyd ddefnyddio'r holl beiriannau yn y gampfa a chael mynediad i gampfa lai 24 awr yn Sgubor Fferm

Pam na fwynhewch ddigwyddiadau haf Aberystwyth? Blasu gwefusau yn ystod Gŵyl Bwyd Stryd ar Awst 23ain neu gogfodio yn y Gŵyl Deyrnged Fawr. Google i gael rhagor o wybodaeth. (Nodyn: nid yw'n cael ei redeg gan BywydAberLife).



BywydAberLife

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Semester 3

Moving Out

When do I have to move out?

CMRT/PJM/Pantycelyn June 21st, 10:00am

Fferm Penglais June 28th, 10:00am

Where do I check out?

Bring your key / fob / post-box key to:

During Office Hours:

Accommodation Office, Y Sgubor, Fferm Penglais.
(Monday - Thursday 08:30 - 17:00, Friday - 08:30 - 16:30)

Out of office hours:

Campus Reception, Penglais Campus

Unwanted items?

There are donation collection points in the following locations available from 13th May - 30th June:

- Fferm Penglais Bike store 2 (near block 5) (24hr)
- Rosser D Lounge (24hr)
- PJM Yellow Lounge (24hr)
- Pantycelyn - Junior Common Room (24hr)



Drop-ins

As the name suggests, this is an opportunity for you to 'drop in' and speak to an RA between your patch round visits. You can find the times and locations on the back of your FMA and on our website.

Patch Rounds Service

These are visits by your RA and are an opportunity for you to speak to a member of the team about any concerns you might be having whilst living in accommodation.

Throughout Semester 3 and during the summer, we'll continue hosting our free student events, including favourites like Cinema Nights and Pizza Parties, along with exciting new additions such as the Star Wars Day event! Stay updated on our services by scanning the QR code for our social media and website!



Summer Savings

Price Comparison

| (prices correct as of time writing) | Apple Juice (1 litre) | 6 Eggs | Jar of Pasta Sauce | Tea bags (80) | Tin of tomato soup |
|-------------------------------------|-----------------------|--------|--------------------|---------------|--------------------|
| Tesco | 99p | £1.30 | 47p (440g) | 89p | 67p |
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Useful Discounts!



- Get 10% off at cafe Nero and Coffee #1 by verifying your student email on the app!



- You can use the 'Magic Stamp' app in any of the university cafes!
- When you buy 9 hot drinks, you receive the 10th one free!



Popular Supermarket Apps

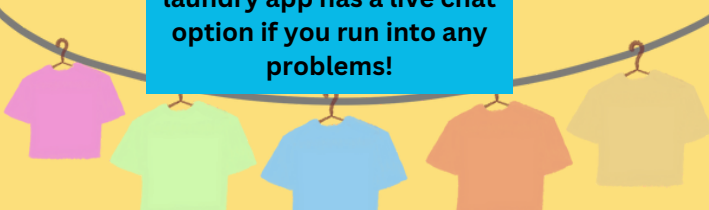
- Tesco; getting a free clubcard gives you access to lots of offers and discounts!
- Lidl; By downloading the Lidl Plus app, you receive personalised coupons and vouchers when you spend a certain amount!
- Morrisons; a Morrisons more card gives you lots of deals and when you reach 5,000 points, you will get a £5 voucher!
- M&S; signing up to a sparks card means you receive tailored offers based on your spendings, allowing you to save money on your favourite items!

Laundry costs

Wash - £2.50
Dry - £1.20



Remember, the circuit laundry app has a live chat option if you run into any problems!



SUMMER RELAXATION

Explore the diverse walks in Aberystwyth, from strolling along Clarach Bay's beach to trekking through bluebell woods to the viewpoint. More routes available on Ordnance Survey's website: explore.osmaps.com

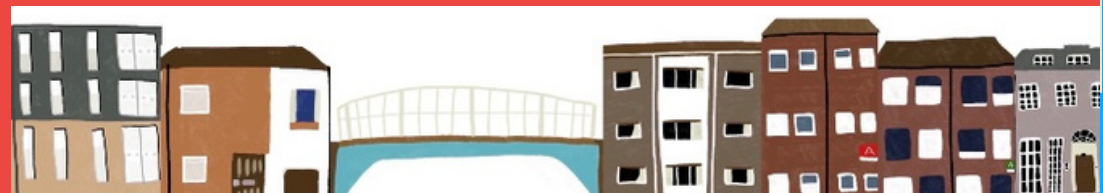
With your Abercard, your accommodation includes a free gym membership, so why not make the most of it by indulging in a refreshing swim in the gym's pool? Plus, you can also utilise all the equipment in the gym and access the smaller 24-hour gym in Y Sgubor Fferm

Why not enjoy Aberystwyth's summer events? Taste delights at the Street Food Festival on August 23rd or groove at The Big Tribute Festival. Refer to Google for more info. (Note: not run by BywydAberLife)



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