



Healthcare  
Education Centre

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Undergraduate studies in

# Nursing

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## Important information

The programme information published in this brochure was correct at time of going to print (September 2021) and may be subject to change. Prospective students are advised to check the definitive programme information, including entry requirements, that is available on our website before making an application, to ensure that the programme meets their needs.

# Welcome



Here at Aberystwyth we pride ourselves on delivering a learning experience which helps you understand what it takes to deliver excellent nursing care.

The Aberystwyth University nurse celebrates diversity, engages proactively with their learning journey and is flexible and confident to lead and deliver healthcare across both rural and urban settings. They understand the Nursing and Midwifery Council's professional code of practice and how this guides the everyday approach to professional nursing practice.

The nursing programme here at Aberystwyth University offers a bespoke and intimate learning experience. The local community and environment have helped us shape the curriculum. Aberystwyth is a vibrant, cosmopolitan bilingual university town, located between the rolling Cambrian mountains and the stunning coastline of Cardigan Bay. You'll feel part of the community and get to study on a campus with its own sports centre, a busy Arts Centre and you'll be next door to the National Library of Wales, one of only five copyright libraries in the UK.

We hope you will enjoy learning about the fundamentals of nursing practice. By the end of the programme you will understand what it is like to be cared for through engagement with our dedicated service users and carers who help deliver the programme alongside us. You will learn how care, compassion, courage, communication, commitment and competence really influence the lived experience of those we are privileged to care for.

The Aberystwyth University Healthcare Education Centre is newly established and houses the Clinical Skills Unit, a state-of-the-art simulation suite where students can learn clinical skills in a safe and supportive environment.

Fifty percent of the overall programme is available through the medium of Welsh and if you are a non-Welsh speaker and wish to learn Welsh, the programme also offers conversational health-related Welsh lessons via a 'cornel coffi a chlonc' [coffee and chat corner].

As a nurse your skills will forever be in demand, and your learning experiences during your degree course will allow you to enhance your self-awareness, develop confidence, and clinical expertise. Nursing is a versatile profession, with employment opportunities available within primary, secondary and tertiary care, community services, education, research, management, tourism, industry, public and private sectors, voluntary and charitable organisations. Once qualified lots of opportunities are available to help you progress your career including roles in management, advanced and specialist clinical practice and research.

A warm welcome awaits all.

**Sally Hore**  
Principal in Healthcare Education



# Nursing

## BSc (Hons)

<b>Adult</b>	<b>(B740, B74P)</b>
<b>Mental Health</b>	<b>(B760, B76P)</b>

Nursing is more than just an amazing and valuable career choice. It is a professional journey, filled with rewarding experiences from touching the lives of a diverse range of people across all walks of life at their time of need, providing holistic care, kindness and compassion when they are at their most vulnerable. Nursing will become your identity and will include a rollercoaster of emotions and experiences, but it is going to be so worthwhile.

This innovative adult nursing programme will ensure you learn about holistic patient and family centred care and how to apply this approach confidently in a variety of clinical settings. You will experience lots of different practice placement learning opportunities which will be facilitated by our Practice Learning Partners.

As a full-time student, undertaking the three-year nursing programme (adult or mental health field), you will be expected to undertake 37.5 hours weekly study during theory weeks, and 37.5 hours per week when attending practice placements. Theoretical content will be delivered in different ways to suit all types of learning styles including lead lectures, seminars, workshops, small group work, clinical skills simulation, blended online learning and self-guided study.

The full-time programme is divided equally into theory and practice learning weeks with a total of 4,800 hours of learning.

In pre-registration nursing we use a three-semester year (trimester), like a school year. This means each year or part of your programme of study will commence early in September before most other programmes' students have arrived in the University and will continue until the end of July in any academic year.

### Employability

Nursing is a versatile profession, with employment opportunities available within primary, secondary and tertiary care, community services, education, research, tourism, industry, public and private sectors, voluntary and charitable organisations - both here and internationally.

The study places on this programme are commissioned by Health Education and Improvement Wales, and funding to cover tuition fees will be in accordance with the NHS Wales Bursary Scheme. You will have to commit to working in Wales for two years after qualifying and registering as a nurse with the NMC. This process is managed centrally by NHS Wales Shared Service Partnership, and the Student Streamlining Scheme will ensure that you will be matched to a suitable position of your choice in your identified locality.

## Core module list

### Module 1: Introduction to Professional Practice (Part 1)

This cross-field module introduces the concept of nursing, professional practice and holistic person-centred care. The focus will be on developing an understanding of human development, basic pharmacology and professional nursing practice. Communication - both written and verbal will be explored as will reflective practice to enhance self-awareness.

### Module 2: Developing Professional Practice (Part 1)

This cross-field module further develops the concept of nursing, professional practice, holistic person-centred care and discusses concepts relating to wider influences on health and wellbeing. Key skills associated with caring for service users across the lifespan in a variety of settings will be introduced, underlining how to meet both physical and emotional needs.

### Module 3: Understanding the Human Body (Part 1)

This cross-field module develops further understanding of the human body. Using a systems-based approach, anatomy, physiology, pathophysiology and common disorders will be explored and will consider how this knowledge informs professional nursing practice and holistic person-centred care. Students will be encouraged to consider the impact of these on individual service users using the 'virtual family'.

### Module 5: Introduction to Field Specific Nursing (Adult and Mental Health field modules - Part 2)

These field specific modules introduce key concepts underpinning adult or mental health nursing. The focus will be on developing an understanding of field specific knowledge, exploring common conditions, underlying pathophysiology, disease processes and symptom management. Skills associated with caring for service users across the lifespan will be studied, which will concentrate on care policies, legal, moral and ethical principles as well as exploring the ageing process which will include associated societal and cultural concepts.

### Module 6: Complex Field Specific Nursing (Adult and Mental Health field modules - Part 2)

These field specific modules will explore the complex care requirements of service users with multiple pathologies and complex life limiting illness, and how to meet both physical and emotional needs. The focus will be on further developing understanding of symptom management in complex care situations and how this informs adult/mental health nursing practice, as well as learning the key skills required. Death and dying will be explored as well as key theories associated with the grieving process and societal/cultural norms.

### Module 7: Pathophysiology of Common Conditions (Adult and Mental Health field modules - Part 2)

The focus of these field specific modules will be on developing a more advanced understanding of human anatomy, physiology, pathophysiology and pharmacology and this knowledge informs professional nursing practice. Using a case-based approach, students will be encouraged to further explore common disorders and consider how these impact on individual service users using the 'virtual family'.

### Module 9: Compassionate Leadership and Management (Part 3)

This cross-field module introduces the core principles and skills underpinning compassionate leadership and effective management. Leadership and management are described as fundamental to the success of future health policies, in order to develop practitioners who can instigate change, empower and lead by example as well as being able to create environments where continuous innovation and improvement can drive up the quality of health and care services.

### Module 10: Innovating Practice (Part 3)

This cross-field module introduces the fundamental principles underpinning creativity, innovation and change in practice to enhance compassionate holistic person-centred care. Registered nurses make a key contribution to the continuous monitoring and quality improvement of care and treatment in order to enhance health outcomes and to ensure a positive patient experience. The focus will be to explore strategies used for monitoring quality, and to consider how to develop healthcare innovation through quality improvement principles.

### Module 11: Transition to Autonomous Practitioner (Adult and Mental Health field modules - Part 3)

These field specific modules revisit key concepts underlining nursing, medicines management, professional practice and holistic person-centred care. The focus will be on examining the learning journey so far and to critically explore students' readiness to become autonomous registered professionals with the confidence to deliver safe and effective, holistic patient-centred nursing care.

#### Practice Placement Modules:


- Module 4: Demonstrating Professional Practice (Part 1)\*
- Module 8: Enhancing Professional Practice (Part 2)\*
- Module 12: Leading Professional Practice (Part 3)\*


There are nine practice placement experiences during the course of the three-year programme (three per year). The focus will be on developing the personal skills and attributes associated with professional nursing practice to enable safe, compassionate nursing care. You will be supported in placement by Practice Supervisors and Practice Assessors. Students will work alongside clinical colleagues to attain agreed proficiencies which reflect the skills that registered nurses must demonstrate when caring for people of all ages and across all care settings.


\* These modules are also offered through the medium of Welsh

## Key Facts

 **Degree type:** BSc

 **UCAS Code:**  
**Adult** - B740 (full-time), B74P (part-time).  
**Mental Health** - B760 (full-time), B76P (part-time).

 **IELTS:** 7.0 with an overall score of at least 7 and at least 6.5 in the writing section and at least 7 in the reading, listening and speaking section.

 **Duration:** 3 years (full-time), 4 years (part-time).


 **Typical offer:**  
**UCAS tariff points:** 104 - 96  
**IB:** 28-26 points overall.

 **APeL/RPL (Contextual Admissions):**

- Submit a portfolio of evidence which maps your prior experience and learning to the module learning outcomes (modules 1, 2, 3 and 4 of Part 1 of the programme).
  - Provide confirmation of practice hours (800 hours over the last two years)
  - Evidence of EC directive mapping for general care (Adult field only)
  - Mandatory training compliance as stipulated by your employer which meets programme skills mapping for Part 1
  - Application and approval for study leave, and line manager agreement
  - GCSE (or equivalent) at a minimum grade C/4 in English/Welsh Language and Mathematics.
- APeL applications normally incur a charge for academic support and assessment. This will be agreed in accordance with the number of credits to be APeL'd.

 **Additional Requirements:**

- Good Health and Good Character assessment
- Occupational Health Screening (once you've been offered a place to study with us)
- Enhanced Disclosure and Barring Service Screening.

 **Interview:** In line with the Once for Wales approach, those meeting the admissions criteria will be invited to attend a Student Selection Event.



# How to apply

Once you've decided what course you want to study and where, you'll be able to start the university application process. Here's a brief overview of the process and our procedures here at Aberystwyth.

## 1 Apply through UCAS.com

Deadline 15 January. Aberystwyth University institution code: A40.

**Top tip:** You'll be given a 10-digit UCAS ID number. Keep this to hand as you'll be asked for it many times.

## 2 The University will consider your offer

**Top tip:** Use UCAS Track to keep an eye on your application. At Aberystwyth we aim to make a decision within four weeks.

## 3 The offer will show on UCAS track

## 4 Decide where to go

Once you've received all your offers, you'll need to decide which university you want to go to, within a set time. This is when you'll need to note which universities will be your firm and insurance choices.

## 5 Accommodation

Once you've chosen your firm/insurance choice you'll be able to apply for your accommodation (April onwards).

## 6 Results day

UCAS Track will confirm your offer of a place. If you're not clear what the offer is, contact the university directly. Make sure you're not on holiday on results day. If you don't get the grades you've hoped for, you may want to consider entering Clearing.

## 7 Start packing!





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